

Aromatherapy blends	Price for 10ml*	Safety pregnant/BF	Safety kids
<i>*you can also order these blends in 2 or 5ml, in 10ml roller bottles, as sprays or as already diluted massage blends</i>			
Relaxation (lavender, rose, vetiver)	£14.00	Y	Y
De-Stress (clary sage, frankincense, geranium, balsam copaiba)	£16.00	N	Y
Soothing 1 (frankincense, neroli, orange or mandarin per choice)	£16.50	Y	Y
Soothing 2 (frankincense, rose, geranium)	£15.00	Y	Y
Rescue Remedy for Grief & Shock (neroli, petitgrain, bergamot)	£16.00	Y	Y
Calming 1 (rose, geranium)	£15.00	Y	Y
Calming 2 (nerve calming) (mandarin, german chamomile, lavender)	£16.50	Y	Y
Calming 3 (litsea, sweet orange, bergamot)	£14.00	Y	NOT UNDER 7
Anti-Anxiety (lemon balm/melissa, lemon, cypress, bergamot)	£16.50	Y	Y
Uplifting 1 (grapefruit, jasmine, geranium)	£15.50	Y	Y
Uplifting 2 (sandalwood, jasmine, grapefruit)	£17.50	Y	Y
Uplifting 3 (sandalwood, rose, cypress)	£16.50	Y	Y
Poise & Equilibrium (Chakra Balancing blend) (bergamot, roman chamomile, frankincense, geranium, myrrh, patchouli, rose, rosewood, sandalwood, vetiver, ylang ylang)	£16.00	N	Y
Focus reduces milk supply)	£13.00	Y (but some women may find peppermint	NOT UNDER 10

(rosemary, clove, peppermint)				
Purifying	£13.50	Y		Y
(juniper, frankincense, lemon)				
Cleansing	£12.50	Y		Y
(palmarosa, grapefruit, lavender)				
Sensual him 1	£14.00	Y	Y (not topical under 2)	
(ylang ylang, sandalwood, nutmeg)				
Sensual him 2	£16.50	Y		Y
(bergamot, neroli, frankincense)				
Sensual her 1	£15.00	Y		Y
(rose, patchouli, vetiver, geranium)				
Sensual her 2	£15.50	N		Y
(jasmine, clary sage, sweet orange)				
Immune-boosting	£13.50	Y		Y
(lemon, thyme, tea tree)				
Anti-viral blend	£15.00		<i>Can be adapted to be safe!</i>	
(Clove, cinnamon leaf, peppermint, eucalyptus, tea tree, lemon, thyme, oregano, lavender, bergamot, ginger, rosemary, melissa)				
Anti-germ 1	£13.50	Y		Y
(Cinnamon leaf, sweet orange, cypress)				
Anti-germ 2	£13.50	Y		Y
(tea tree, sweet orange, cedarwood)				
Anti-germ 3	£13.50	Y		Y
(tea tree, sweet orange, lavender)				
Stimulating 1	£13.50	Y		Y
(ginger, black pepper, tea tree)				
Stimulating 2	£13.50	Y (diffusing or low dilution)		NOT UNDER 10
(vetiver, rosemary, lemongrass)				
Refreshing	£13.50	Y (but some women may find peppermint reduces milk supply)		
(pine, peppermint, eucalyptus)				NOT UNDER 10
Floral	£13.00	N	Y (not topical under 2)	

(ylang ylang, bergamot, vetiver, clary sage)

Zesty £13.00 Y Y

(lime, lemon, bergamot, mandarin)

Relaxing bedroom 1 £16.50 Y NOT UNDER 7

(jasmine, frankincense, cardamom)

Relaxing bedroom 2 £13.50 Y Y

(lavender, pine, atlas cedarwood)

Bedtime £15.00 Y Y

(ylang ylang, vetiver, roman chamomile, rose, lavender, balsam copaiba)

Beauty Sleep £15.00 N Y (not topical under 2)

(ylang ylang, cypress, clary sage, benzoin, patchouli, sweet orange)

Aromatic £13.50 Y Y

(geranium, lavender, sweet marjoram)

Closing the Bones blend £16.50 N (myrrh & clary sage) NOT UNDER 10

(bergamot, roman chamomile, clary sage, cypress, frankincense, geranium, lavender, sweet marjoram, myrrh, patchouli, rosewood, rosemary, sandalwood, rose absolute, vetiver, ylang ylang)

Chakra Blends:

1st chakra (basil, benzoin, atlas cedarwood, clary sage, roman chamomile, frankincense, lavender, patchouli, sandalwood, sweet orange, vetiver, ylang ylang) £15

2nd chakra (black pepper, cinnamon, cypress, fennel, ginger, mandarin, patchouli) £15

3rd chakra (roman chamomile, clove, juniper berry, lavender, lemon, lime, mandarin, marjoram, peppermint, rosemary, sandalwood) £15

4th chakra (clary sage, lavender, marjoram, petitgrain, rosemary, ylang ylang) £15

5th chakra (benzoin, atlas cedarwood, roman chamomile, clove, eucalyptus globulus, frankincense, hyssop, juniper, lemon, lime, marjoram, myrrh, peppermint, sandalwood, lemon tea tree, red thyme) £15

6th chakra (basil, eucalyptus globulus, frankincense, geranium, grapefruit, lavender, lemon, myrtle, sweet orange, patchouli, peppermint, rosemary, sandalwood, tea tree) £15

7th chakra (basil, clary sage, roman chamomile, eucalyptus globulus, frankincense, geranium, lavender, myrtle, sweet orange, patchouli, peppermint, sandalwood, ylang ylang) £15

Set of all 7 Chakra blends: £95 instead of £105

Set of all 7 Chakra blends + Poise & Equilibrium blend (Chakra Balancing blend, see above) £110

NYR blends : <https://uk.nyrorganic.com/shop/japjeetkaur/area/shop-online/category/essential-oils/>

Festive Blend	Y	Y
Meditation Blend	Y	Y
Women's Balance Blend	Y	Y
Optimism	Y	Y
Vitality	Y	Not for children under 6
Focus	N	Not under 10
Calming	N	Not for children under 6
Cleanse	N	Not for children under 6
Night time	Y	Y
De-stress	Y	Y (not topical under 2)